

# Too Sick For School

In the school environment many communicable diseases are easily transmitted from one student to another. A healthy environment involves prevention, early recognition of illness, symptoms, prompt diagnosis and treatment. Children who are not feeling well have a difficult time concentrating and therefore do not benefit from the instruction they receive during that time. Please do not send an ill child to school. We need your assistance in providing a safe and healthy environment for your child.

Below are some guidelines to help you make the decision whether or not to send your child to school. Keep your child home if she/he has any of the following symptoms:

Symptom	Explanation
Fever	100 F or greater. May return to school when temperature is normal for a minimum of 24 hours.
Vomiting	>2 in the preceding 24 hours, unless determined to be from a non-communicable condition. May return when resolved.
Diarrhea	3 or more watery or loose stools in 24 hours. May return when resolved for 24 hours.
Stiff Neck	Or headache with accompanying fever. May return after resolution of symptoms or diagnosis made and clearance given by medical provider.
Sore Throat	Painful throat with fever or swollen glands. Strep throat should be treated with antibiotics for 24 hours before returning to school.
Eye Discharge	Thick mucus or pus draining from eyes.
Severe Cough	Phlegm producing cough or a severe cough followed by a whooping sound.
Cold	Severe runny nose or congestion, difficulty breathing, etc.
Lice/Nits	Home until treated and child is lice and nit free. Must be cleared by health assistant or nurse to return to building

If your child is diagnosed with a communicable disease, please notify the school as soon as Possible. Some students have medical conditions and/or compromised immune systems that can become life threatening when exposed to certain illnesses.